



Drug Testing Penalties for Banned Substances

Education - Quick Reference

Texas Tech Athletic Department



NCAA & Big 12 - Ineligibility for Use of Banned Drugs [Bylaw 18.4.1.5 & 18.4.1.5.1]

A student-athlete who, as a result of a drug test administered by the NCAA, is found to have used a substance on the list of banned drug classes, the student-athlete will be declared **INELIGIBLE** and charged with a **MINIMUM LOSS OF ONE SEASON OF COMPETITION.**

TTU - Alcohol Policy

The consumption or possession of an alcoholic beverage, in violation of applicable law, on University property, or in the course of a University or student organization activity is prohibited.

- Consumption of an alcoholic beverage within 48 hours prior to any intercollegiate athletic contest is prohibited.
- Consumption or possession of an alcoholic beverage during an athletic road trip is prohibited.
- Consumption or possession of an alcoholic beverage in the presence of a prospective-student-athlete during that individual's campus visit is prohibited.
- Consumption of an alcoholic beverage by a student-athlete is prohibited where the student-athlete serves as a representative of the University at an official function.

TTU - Drug Policy

Drug use (excluding normal use of over-the-counter drugs such as aspirin and those drugs prescribed by a physician to treat a specific medical exemption) is detrimental to the student-athlete and is prohibited.

TTU - Penalties For Positive Drugs Tests

All student-athletes who test positive for substances listed on the NCAA banned drug list will be subject to, but not limited to, the following disciplinary actions. Positive test **DO NOT** reset annually. A positive test will remain on the student-athlete's record for the duration of their Texas Tech career.

First Positive: If a positive test is confirmed, the Drug Testing Coordinator will notify the Athletics Director, Head Coach, Associate Athletics Director for Compliance, and the Athletic Trainer. The head coach or head athletic trainer will notify the student-athlete. The student-athlete will be required to attend mandatory drug evaluation and counseling sessions arranged by the Drug Testing Coordinator. The student-athlete will be required to submit to additional retesting as deemed appropriate by the drug counselor. The drug counselor will determine the length of the counseling program. Refusal to participate completely in the counseling program, as set forth in this paragraph, will be treated and handled as a second positive.

Second Positive: If a second positive test is confirmed, the student-athlete will be subject to all of the sanctions of a first positive test. In addition, the student-athlete will be suspended from the **NEXT** ten percent of regular season competition in accordance with the schedule for each sport found below:

Baseball 6 games	Football 1 game
Softball 6 games	Soccer 2 games
Basketball 3 games	Golf 2 dates of competition
Tennis 2 dates of competition	Track 3 dates of competition
Volleyball 3 dates of competition	Cross Country 1 date of competition

Third Positive: If a third positive test is confirmed, the student-athlete will be immediately and permanently dismissed from athletic participation at Texas Tech University. If the student-athlete is receiving an athletic scholarship, it will be revoked at the end of the period of the award (i.e., the end of the current academic term or year).



Drug Testing Penalties for Banned Substances

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The NCAA bans the following classes of drugs [Bylaw 31.2.3.4]:

- a. Stimulants
- b. Anabolic Agents
- c. Alcohol and Beta Blockers (banned for rifle only)
- d. Diuretics and Other Masking Agents
- e. Street Drugs
- f. Peptide Hormones and Analogues
- g. Anti-estrogens
- h. Beta-2 Agonists

Note: Any substance chemically related to these classes is also banned.

Texas Tech University and the student-athlete shall be held accountable for all drugs within the banned drug class regardless of whether they have been specifically identified.

Drugs and Procedures Subject to Restrictions:

- a. Blood Doping.
- b. Local Anesthetics (under some conditions).
- c. Manipulation of Urine Samples.
- d. Beta-2 Agonists permitted only by prescription and inhalation.
- e. Caffeine if concentrations in urine exceed 15 micrograms/ml.

Examples of NCAA Banned Substances in Each Drug Class	
Stimulants	amphetamine (Adderall); caffeine (guarana); cocaine; ephedrine; fenfluramine (Fen); methamphetamine; methylphenidate (Ritalin); phentermine (Phen); synephrine (bitter orange); etc.
Anabolic Agents – (sometimes listed as a chemical formula, such as 3,6,17-androstenetrione)	boldenone; clenbuterol; DHEA; nandrolone; stanozolol; testosterone; methasterone; androstenedione; norandrostenedione; methandienone; etiocholanolone; trenbolone; etc.
Alcohol and Beta Blockers	alcohol; atenolol; metoprolol; nadolol; pindolol; propranolol; timolol; etc.
Diuretics (water pills) and Other Masking Agents	bumetanide; chlorothiazide; furosemide; hydrochlorothiazide; probenecid; spironolactone (canrenone); triameterene; trichlormethiazide; etc.
Street Drugs	heroin; marijuana; tetrahydrocannabinol (THC) – no other substances are classified as NCAA street drugs.
Peptide Hormones and Analogues	growth hormone(hGH); human chorionic gonadotropin (hCG); erythropoietin (EPO); etc.
Anti-Estrogens	anastrozole; tamoxifen; formestane; 3,17-dioxo-etiochol-1,4,6-triene(ATD), etc.
Beta-2 Agonists	bambuterol; formoterol; salbutamol; salmeterol; etc.

NOTE: There is no complete list of banned drug examples! Any substance that is chemically related to the class of banned drugs is also banned! Check with your strength coach BEFORE you consume any medication or supplement.